



AYURVEDIC RITUALS OF RENEWAL
nourished by nature

HAUS OF AVEDA

PADDINGTON

SKIN HEALTH



SKIN NEEDLING

This advanced skin perfecting treatment delivers high performance results with minimal downtime. Recommended for:

Ageing, Lines & Wrinkles
Pigmentation & Uneven skin
Pimples & Blackheads
Large pores
Rosacea
Scarring & Stretch Marks

Skin needling also known as collagen induction therapy, triggers a response releasing growth factors. Collagen formation and cell regeneration is the result. Allow 12 - 24 hours of downtime post treatment. We strongly recommend you do not do anything post treatment to reduce inflammation - this includes LED. The natural healing response from the body is essential in the delivery of results.

AGE DEFYING SKIN REJUVENATION

Face, Eyes, Lips, Neck, Décolletage & Scalp \$499

For those serious about their skin results and looking for an alternative to invasive treatments; either as prevention, or treatment for skin challenges. This treatment will have your complexion looking remarkable!

FACE \$299

BODY From \$299

Skin needling is not just for the face! Stretch marks, even skin tone, blackheads and acne can all be treated on the body.

AVEDA EXPRESS FIX FACIAL

15 mins \$55

Best results happen when you see us more often! These treatments are designed to give you results without the fuss. Perfect if your time poor or as part of a treatment program plan.

AVEDA FACIALS

Ayurvedic Skin Treatments with proven clinical results.

AVEDA SKIN TRANSFORMATION

60 mins \$160 90 mins \$210

Aveda's unique dual exfoliation, a non invasive skin renewing treatment that transforms and rejuvenates the skin. This treatment delivers visible results in improved skin texture, clarity and radiance and a smoother appearance of fine lines and wrinkles; revealing fresher younger looking skin.

PERFECTING PLANT PEEL

30 mins \$100 60 mins \$150 90 mins \$200

Avedas Chemical Peel. Re-balances the skin, smooths lines and wrinkles, evens skin tone, refines pores. Safe on acne skin conditions. Experience exfoliation and radiance benefits of a 30% glycolic peel without redness and irritation.

BOTANICAL SKIN RESURFACING

30 mins \$100 60 mins \$150 90 mins \$200

Go beyond microdermabrasion and energize your skin with a professional facial treatment that helps smooth skin and increases your skin's radiance - all with significantly less redness and irritation than microdermabrasion.

COLLAGEN BOOSTER

60 mins \$150

The power of vitamin C is unquestionable, it's a multifunction wonder nutrient that transforms the skin - evening skin tone, reducing discolouration, boosting skin's natural collagen production and providing anti-oxidant protection.

PORE REFINING SKIN SOLUTION

60 mins \$150 90 mins \$200

Acne, clogged or congested skin needing some serious TLC including extractions. Let us coax your skin back into health.

SKIN BALANCING FACIAL

30 mins \$100 60 mins \$140 90 mins \$200

Dry, dull, oily, sensitive can all be addressed with a customised Aveda facial treatment. Bring your skin towards balance and reveal its natural beauty.

BODY & WELLNESS

INFRARED SAUNA

SINGLE SESSION \$45 10 SESSION \$300

Infrared Detox Sauna penetrates deeply into skin tissue, muscles and joints, increasing circulation and speeding up oxygen flow through the body to help the body to repair and to ease aching muscles. It is the perfect way to help your body eliminate toxins.

A sauna treatment is the perfect addition to any treatment or great on its own!

BESPOKE BODY MASSAGE

**30 mins \$100 60 mins \$135
90 mins \$190 120 mins \$260**

Stress, muscle tension and lack of energy can all be addressed with a customised massage treatment. Your therapist will provide you with the best combination of products, personalised Aveda aromas, and massage techniques - which include Swedish, relaxation, deep tissue, remedial, reflexology, acupressure, chakra techniques, subtle energy work, pregnancy massage or hot stones. Drift into deep relaxation as we take you on a sensory journey.

NETI SINUS CLEARING MASSAGE

45 mins \$120

Steam inhalations combined with lymphatic drainage techniques will clear the mind as well as the sinuses.

BODY TREATMENTS

Body treatments are facials for the body; tailored to you through consultation. Ayurvedic inspired rituals to balance the mind and body. Leave feeling grounded and revitalised.

AFTER SUN HERBAL RECOVERY WRAP

60 mins \$160

Too much time in the Sun? Our gentle herbal blend will soothe your sensitive skin into recovery mode with Aloe and healing chamomile. Leaving your skin cool and hydrated. Add a Skin Fix Facial to treat your complexion too!

WARMING AROMA BODY WRAP

60 mins \$160

If dry skin is your focus, this warming aromatic oil body infusion will have you feeling relaxed and your skin soft in no time.

AWAKENING ROSEMARY MINT BODY WRAP

60 mins \$160

If your more in need of a detox, relief of muscle aches and fluid retention; this refreshing and invigorating treatment will energise your senses.

WARM OIL & SEA SALT EXFOLIATION

60 mins \$160

Aromatic warm oil and dead sea salts smooth dry skin and energise your mind and body.

ESSENTIAL BACK TREATMENT

45 mins \$140

Problem skin on your back? This back facial is the answer to clear skin. Leaving you confident to wear any outfit.





WELLBEING PACKAGES

CHAKRA BALANCING FACE & BODY

EXPERIENCE - 1hr 30mins \$220

A unique facial experience combining Body Chakra Energy work and foot reflexology. Our signature treatment!

RITUAL OF RENEWAL- 1hr 30 mins \$190

Infrared Sauna, Aroma Massage 30 mins & Skin Balancing Facial 30 mins

BABY BUMP BLISS - 1hr 30 mins \$235

Pregnancy Massage & Skin Balancing Facial

SIMPLY STUNNING- 1hr 45 mins \$250

Express 15 min Facial, Blow Dry & Make Up Application

BONDI RECOVERY - 2hrs \$300

After Sun herbal Recovery Wrap & Calming Skin Balancing Facial

DETOX & GLOW - 1hr 45 mins \$300

Awakening Body Wrap, Scalp Massage, Neti Sinus Clearing & Express Facial Fix

RELAX & RESTORE - 2hrs \$275

Aveda Aroma Massage 60 mins & Aveda Skin Balancing Facial 60 mins

JETLAG RECOVERY - 2hrs 45 mins \$400

Infrared Sauna, Dry Body Brushing, Neti Sinus Clearing, Body Massage 30 mins & Collagen Boosting Facial 60 mins

GIFT VOUCHERS AVAILABLE

WWW.AVEDAPADDINGTON.COM

BEAUTY

BROW TINT \$25

LASH TINT \$35

HENNA BROW & SHAPE \$85

NATURAL MAKE UP 45 min \$99

SPECIAL OCCASION MAKE UP 60 min \$145

PERSONALISED MAKE UP LESSON \$145

WAXING

Our waxing services are delivered with the highest care; using only the best wax technology to ensure you are provided with the best result, highest level of comfort and reduced skin recovery time.

BROWS \$30 ARMS \$50

BIKINI \$45 BRAZILIAN \$80

HALF LEGS \$45 FULL LEG \$80

BACK \$70 CHEST \$65

UNDERARMS \$30

LIP OR CHIN \$25

HANDS & FEET

Individually designed treatments suitable for both men and women. Address dry, ageing, rough cuticles and nail health. Your therapist will consult with you to tailor each treatment to your needs.

We recommend our 60 minute option for guests wanting a full manicure or pedicure with massage and cuticle work.

MANICURE 45 mins \$100 60 mins \$120

Express 30 mins \$60

PEDICURE 45 mins \$100 60 mins \$120

Express 30 mins \$60

SPA ETIQUETTE

24 hr notice is required to cancel or alter a booking to avoid a 50% cancellation fee. Less than 2 hrs notice will incur a 100% cancellation fee. Please make childcare arrangements for children under the age of 12. Treatment time is approximate, it includes consultation and professional advice. Our tiered pricing structure reflects the educational and experience level of our team. Mineral Lifestyle Pty Ltd reserves the right to increase prices at anytime. Please inform us if you are pregnant, have any allergies or are under the care of a medical doctor or alternative practitioner. Please respect the privacy and quiet of other guests - please also keep your phone on silent. Although every attempt is taken, We accept no responsibility for your personal belongings within the premises, CCTV is recording, by entering our premises you are consenting to being filmed in the public spaces. Please arrive at least 5 mins prior to your appointment time in preparation for your experience. Prices effective 01.11.2023 Haus of Aveda Paddington does not offer refunds or exchanges for change of mind or incorrect purchases of products or gift vouchers.